

## 706 Crew Tng Shore Side tasks

- 1-1 Crew Fatigue
- 1-2 Personal Physical Requirements
- 1-3 TCT (8 Hours) vs (1 hour)
- 1-4 ICS 100 & ICS 700
  
- 2-1 **First Aid** Responsibility & Policy and *for all below: Symptoms & Treatment*
- 2-2 Sun & Heat factors
- 2-3 Shock
- 2-4 Anaphylactic Shock
- 2-5 Pressure Points & Tourniquet
- 2-6 Burns
- 2-7 Hypothermia
- 2-8 Swim Test
- 2-9 Crew Survival Equipment
- 2-10 Signal Mirror
- 2-11 Hand held Flares
- 2-12 Aerial Flares
- 2-13 PML or strobe
- 2-14 Survival procedures if capsized or swamps
  
- 3-1 Parts of line & Hitches *Braid & three strand; types of material; bitter end, bight, standing part, overhand loop, underhand loop, turn vs round turn*
- 3-2 Tie knots *square, bowline, round turn & two half hitches, clove becket, tie two line together, bowline on a bight*
- 3-3 Tie a cleat, Bitt & Post (weather hitch), *dipping an eye*
  
- 4-3 Nav lights
- 4-4 Sound signals
- 4-5 Distress Signals
  
- 6-1 Charts (symbols, parts abbreviations)
- 6-3 identify Local Landmarks on the chart
- 6-4 Plot a position
- 6-5 Plot a Mag course on a chart
- 6-6 Measure distance on a chart
- 6-7  $60 D = ST$
  
- 7-9 Classes of fires & exting. Agents
- 7-11 Simulate operating a CO2 fire ext.
- 7-12 Simulate operating a dry chem.. fire ext.
  
- 8-1 Basic Knowledge of Boating Skills - Completed a BS&S Course`